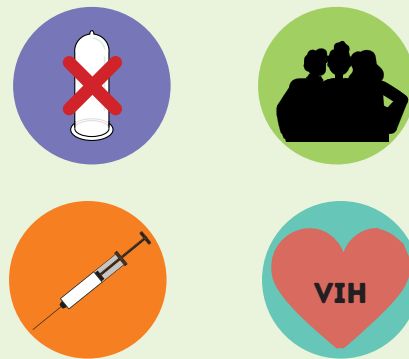




WHAT IS PrEP?

PrEP is a medication that protects against HIV. It prevents the virus from entering the body.



EXAMPLES OF SITUATIONS

PrEP may be useful if:

- using condoms is difficult,
- you have multiple partners,
- you share intravenous injection equipment with other drug users,
- your partner has HIV with a detectable viral load.



WHO IS PrEP FOR?

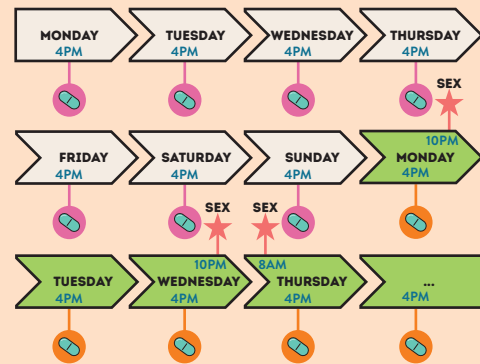
PrEP is for people who are not infected with HIV and who have unprotected sex or who share injecting equipment.



HOW SHOULD PrEP BE TAKEN ?

- Every day (continuous PrEP)
- A few hours before sex (occasional PrEP)

Daily PrEP



On-demand PrEP



IF YOU MISS A DOSE

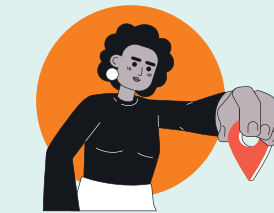
- If you forget for less than 12 hours: take it as soon as possible
- If you forget for more than 12 hours: call your PrEP doctor or contact us on 02 733 72 99



IS IT EFFECTIVE?

PrEP works very well if you take it correctly.

Tip: set an alarm so you don't forget.



WHERE CAN I GET PrEP?

To get PrEP, you need to see an infectious-disease specialist at an HIV Reference Centre or a hospital that works with a CRVIH.

If you have any difficulties, contact us and we will help you with the process.

See the list of the HIV Reference Centres where you can get PrEP here:



FOR MORE INFORMATION ON PrEP: :




Mars 2026

Plateforme Prévention Sida

Place de la Vieille Halle aux Blés 29/28
1000 Bruxelles
02/733.72.99

WWW.COOL-AND-SAFE.ORG



Éd. Resp. : Thierry Martin – Plateforme Prévention Sida
Place de la Vieille Halle aux Blés, 29-28, 1000 Bruxelles



HOW MUCH DOES IT COST?

PrEP is reimbursed by your health insurance provider, CPAS or Fedasil.

With reimbursement, you will pay at the pharmacy:

- Approximately €12 for 30 tablets
- Approximately €15 for 90 tablets

Without reimbursement, you will pay at the pharmacy:

- Approximately €160 for 30 tablets
- Approximately €365 for 90 tablets



WHAT ABOUT OTHER MEDICATIONS?

Talk to your doctor if you are taking other medicines or products. There are no known interactions between PrEP, alcohol, or recreational drugs. PrEP has no impact on any hormone treatment you may be receiving (feminising or masculinising). For more specific questions, talk to your PrEP doctor.

* Gender-affirming hormone therapy for transgender people



WOMEN AND PrEP

PrEP can be taken at the same time as contraception, during pregnancy and while breastfeeding.

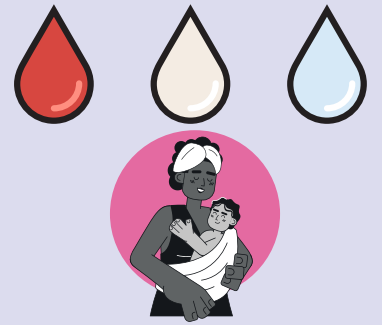
Daily PrEP is usually recommended.



WHAT ABOUT OTHER STIS?

PrEP only protects against HIV, not other STIs.

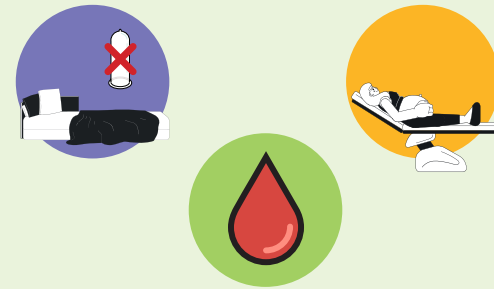
Condoms protect against most STIs.



WHAT ARE CONTAMINATING FLUIDS?

Five fluids can transmit HIV:

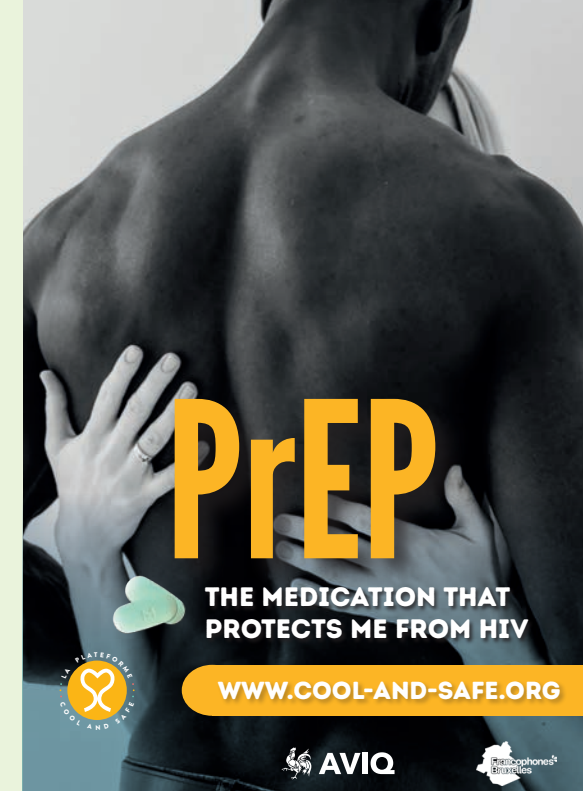
- Blood
- Vaginal secretions
- Semen and pre-ejaculate (clear fluid that comes out before semen)
- Anal secretions
- Breast milk



HOW IS HIV TRANSMITTED?

HIV is transmitted in three ways:

- Through blood (by sharing contaminated objects such as razor blades, syringes, etc.)
- Through sexual contact (unprotected sex)
- From mother to child (during pregnancy, childbirth or breastfeeding)



PrEP

THE MEDICATION THAT PROTECTS ME FROM HIV

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